



Presents



“**THE DISCONNECT SYNDROME**”

A Revolutionary Health breakthrough
that might change your Life.

“Illnesses do not come upon us out of the blue. They are developed from small daily sins against Nature. When enough sins have accumulated, illnesses will suddenly appear.” ~ Hippocrates

Dr. Debi Prasad Acharjya

(Wellness Trainer, Hydration Specialist & Author)

Are disease and eventually death, preprogrammed events that leave us helpless victims to their inexorable approach? Or is the secret of vitality and longevity buried inside of our DNA and biological networks - the interconnected ecosystem which is our mortal form?

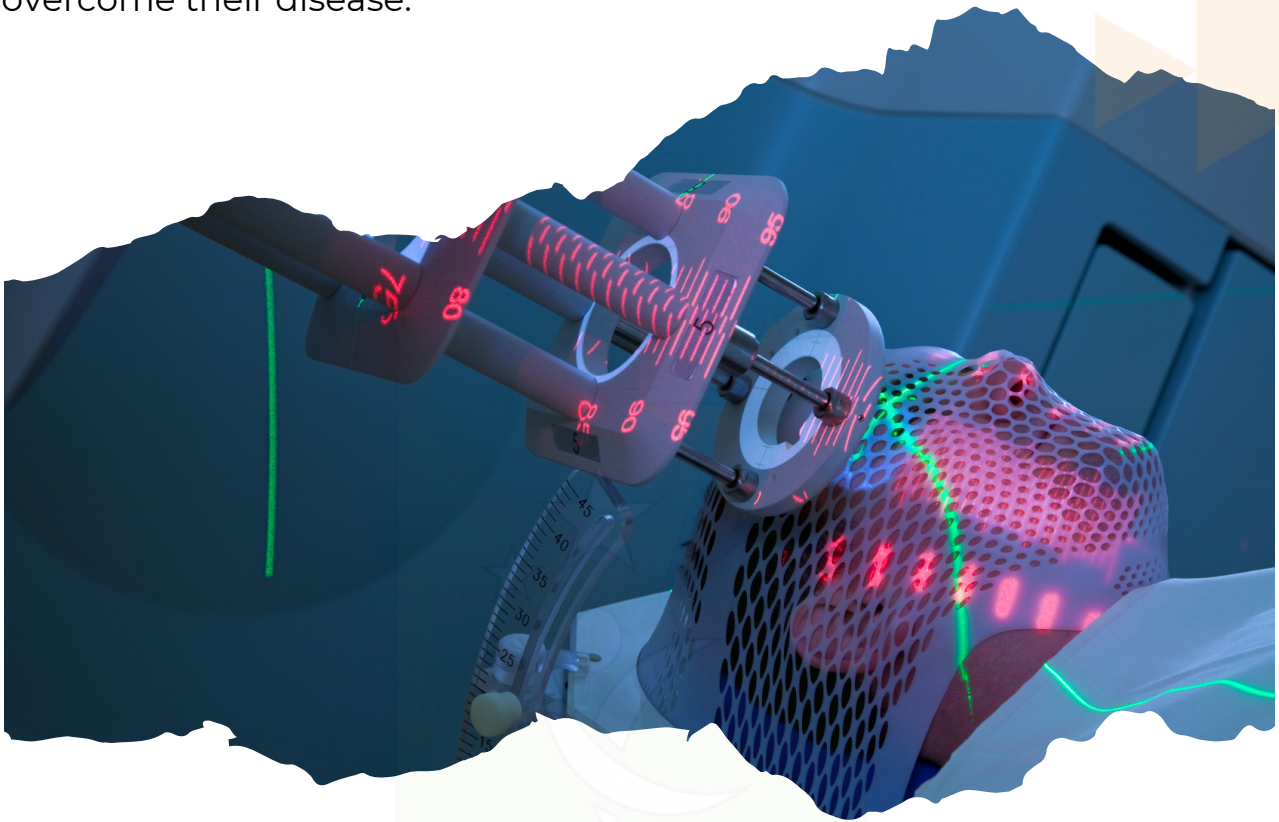


Would you like to save your own life? Just what lengths would you go to literally save your own life? There, I have asked it twice - think about it for a few moments.

What would you give up? Stop doing? Start doing? In a roundabout way, I have asked this question to many people over the course of the last 15 years or so. Both the answers and the non-answers have been interesting.

People are getting diagnosed with some serious, chronic, life-threatening illness each day. This might eventually lead to their demise within a year - or may even be within the next 3 months (as proclaimed by the doctor). It can be a IV stage cancer that is not treatable by conventional medicine. Majority of them will obviously follow the instructions of the doctor, hoping for a revival, but sadly in their mind they are preparing themselves to die. Some will undergo conventional chemotherapy, radiation, and additional surgery to extend their lives for an additional three months - or whatever time they have been promised by the oncologist if they follow this routine.

Others will spend everything they have for life's last fling in the form of a party vacation and "celebration of life." A lesser percentage will however take the path of healing with a viable option, natural medicine, to overcome their disease.



These truly courageous people will try out all viable and alternative options to extend their lifespan and try to live with a quality life without simply "adding years to life" offered by our current medical models. The doctors who treat a stage IV cancer patient with chemo or radiation are morally bankrupt. What is the point in extending the life of the patient with these horrific treatments by extend the remaining time with pain and suffering? Do any of us really need any more weeks or months? But it is happening right now, more often than you want to believe.

On the flip side - and even though there is no guarantee that you will be healed - utilizing what God gave us to keep us healthy, and heal us when we are not, provides the elemental nutrition and epigenetic supplementation to restore the physiological functions of the body that generally always lead to longevity and healing. We need to heal our immune system so that it can heal our bodies. Nothing else will. No number of drugs or chemicals will heal you and will likely expedite your departure. And they further weaken your immune system at the very time that it needs to be strong.

The right decision is to stop doing the things that promote sickness and disease which are the wrong foods, wrong fluids, sugar, wheat, gluten, dairy and packaged ready to eat foods. These allow our bodies to be bombarded with chemicals and radiation daily. Instead, start in with the foods, water, supplements, detox, and exercise that have the restorative ability to reboot our epigenetic systems that, in turn, strengthen our immunity.

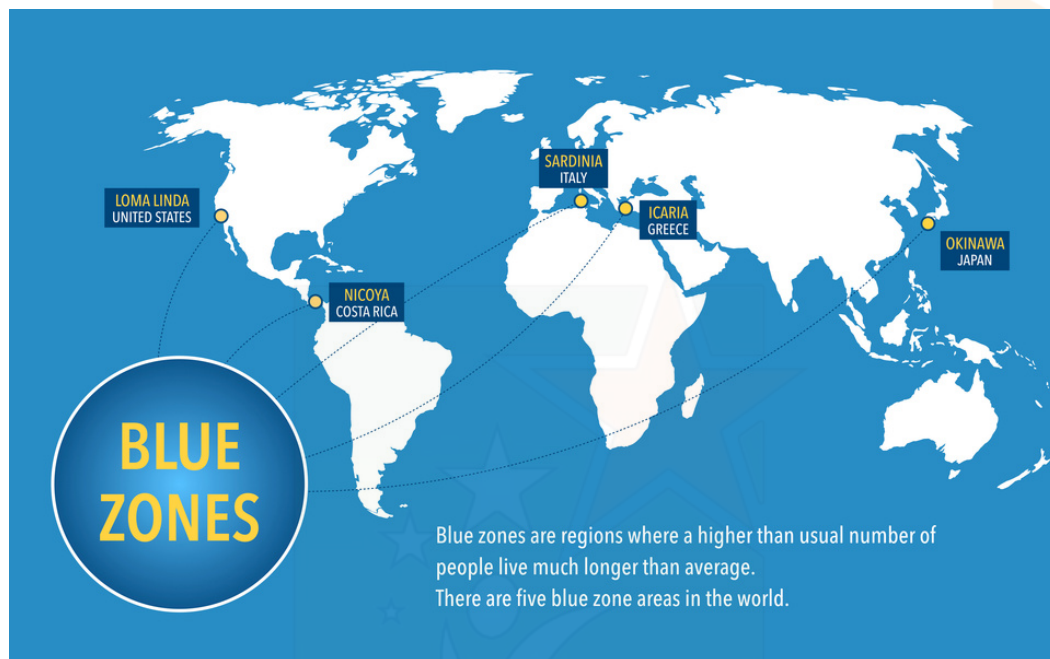


So, are you ready to give up those existing things and start protecting yourself and your loved ones from radiation and chemicals? When will you give up sugar (white death), carbonated drinks, the soda pop, alcohol and stop smoking? When will you start adopting largely (not totally) vegan diet, and ditch the dairy and baked products – including bread, doughnuts, and the likes?

Will you spend a marginal amount of money to acquire some supplements that may just help save your life - but are not covered by insurance?

Many of us will be nodding and saying, "well, of course I would." Really? Because we have seen this exact scenario thousands and thousands of times. And while some say that they are absolutely going to do it, few do. We must admit that it is hard; very hard. The good news is that it is doable. We have lots of testimonies out there of people with chronic illness, including end stage cancers, who have chosen the alternate path of wellness and have extended their lifespan on this planet.

So, I ask again - what would you do to save your own life? To extend it and its quality immensely? You do not have to answer me. But you will have to answer that exact question for yourself sooner or later.



It is not possible now to live like the people who lived a 1000 years ago. But we can surely learn and live the lifestyle adopted by the inhabitants of the “Blue Zones” ~ (Ikaria, Greece; Okinawa, Japan; Ogliastra Region, Sardinia; Loma Linda, California; Nicoya Peninsula, Costa Rica).

The world's longest-lived people do not pump iron, run marathons, or join gyms. They do not buy organic food or are addicted to smartphones and mindlessly scroll through social media. Studies have shown that people in “Blue Zones” tend to eat a plant-based diet, exercise regularly, get adequate sleep, and have social and spiritual connections, lifelong friendships and community, and the slow savoring of life together. These are the factors associated with a longer lifespan.

But now we are removed from nature, natural cycles, and do not know the source of our food. The nutrient density and flavor of a food is directly linked to its phytochemical richness. Food as medicine is now scientifically validated. These are the foods we want washing over our DNA, regulating our epigenome, the system that controls all our gene expression, and all our biological networks.

Even 100 years ago we had been living as nuclear families within close-knit communities. We can now try to build our own zones within our homes, our family, our friends, and our community.

The lessons are clear. Live close to nature. Love deeply. Eating simple foods raised sustainably (ideally by your own hands) will help you live longer. This along with movement, laugh and adequate rest is the key to long life and living younger.

The right type and frequency of exercise, movements, and activation of internal meridian points with simple acupressure techniques optimizes all our biological systems. All these also enhances your immune system, boosts the mitochondrial function, fixes your gut microbiome along with balancing of blood sugar and insulin, and all hormones.



Exercise also boosts detoxification, blood circulation, and lymphatic flow. It increases the telomere length (vital hallmark of aging) reduces inflammation, improves mitochondrial health, beneficially impacts the nutrient-sensing pathways, and reverses harmful epigenetic changes that occur as we age.

Most people want the maximum health benefits for the least amount of work. Could there be a modality as fundamental as sunlight, air, water, nutrients and freely available to all the inhabitants on this Planet Earth?

Let me introduce you to a revolutionary and well-researched health breakthrough. It has profound beneficial effect in balancing our systems. It is a tool for multidimensional healing and is so simple that everyone can reap its benefits. There may nothing be more basic or universal for healing people than getting reconnected to the Earth. You have heard me right. Mother Earth is a storehouse of boundless free electrons which generates healing power and energy.



Simply walking 10 minutes per day can add years to your life. And if you can walk barefoot on the ground, you will initiate the process of breaking the stress and illness cycle.

But do you have any idea of the power of energy of the Earth? It might well be the ultimate source of health and healing along with nutrient density food, structured water, right exercise along with lifelong friendships and community, and the slow savoring of life together.

Vitamin “G” for “Ground.” Exposure to sunlight produces vitamin D in the body and needed for our health. “Electrical Nutrition” is provided by way of electrons on exposure to the ground. We can say that these electrons as vitamin G (ground). As like vitamin D, one of the most important elements for maintaining our health, you also need a constant supply of vitamin G as well.

Beneath your feet lies the most marvelous gift from Nature – the very Earth itself, naturally equipped with extraordinary healing power that may just be the single-most effective medicine available. Earthing is accessible to all, as simple as walking or sitting barefoot outdoors, and if that is not an option, you can use indoor grounding products that generate the same benefits conveniently while you sleep, relax, or work.



If you or any of your loved ones have sickness, pain, and inflammation, learn how Nature’s original anti-inflammatory – the Earth itself – can be of remedy of your deficiency and improve your health, energy, and sleep.

Believe me when I say we can help. We have been precisely doing this for a long time now. We know the ingredients, we have them, and we will provide for you the recipe to health, healing, and quality of life. It is what we do.

You may like to follow me in any of the channels given below.

Stay tuned for further updates; a live session on how to experience “Earthing Benefits” will be available shortly.

Dr. Debi Prasad Acharjya

(Wellness Trainer, Hydration Specialist & Author)

Dr. Debi Prasad Acharjya
- Wellness Trainer and Hydration Specialist -

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**** RECHARGE AND
TRANSFORM YOURSELF
– AT ANY AGE ****

“When I am grounded, I am resetting my entire biological clock so that it is in harmony with universal, cosmic rhythms and that is the basis of healing.”

~ Dr. Deepak Chopra.



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