



See You at the Top

(Ideas, Philosophies, and Metaphors that will stay with you for life and can be applied anywhere)

Powered by



Dr. Debi Prasad Acharjya
(Wellness Trainer, Hydration Specialist & Author)



Have you noticed that human mind is like a machine that never shuts down even when you are asleep? Do you know that among all the discoveries that are done by human beings, most of them are on the “human mind?”

Well, in life, anything - may it be a regular tiny task, specific goal or an ultimate vision of your life can be accomplished simply by unleashing the unlimited power that lies in your mind. Yes, each one of you abundantly has it; you just need to revive it – systematically and scientifically!

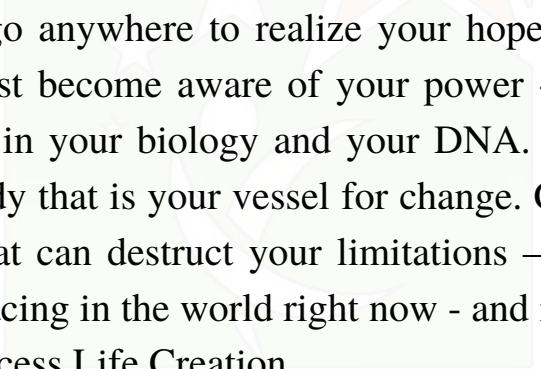
Close your eyes for a moment and realize that your mind can generate extraordinary thoughts, visualize powerful mental images, and authentically re-affirm them so that they enter your subconscious mind, completely transforming your behavior and actions. Your mind can motivate you and effectively transmit your thoughts to people around you - your family members, colleagues, and business associates. Your mind has the power to conquer fear, rejection, doubts, and failure and achieve ever-lasting success and experience holistic well-being and lead a fulfilling and content life.

Success Life Creation (SLC) is a premier life-changing training enterprise that provides high-end training solutions to aspiring individuals, employees, professionals, businesspeople and corporate, institutions. Success Life Creation is strongly committed to coach individuals and organizations to unleash their hidden potential to the fullest and bring out the best in them helping them live life powerfully and create a powerful, peaceful, beneficial, prosperous, generous society of this multi-universe.

In today's world, we have broadband web access, turbocharged computer processors, online magazines, newspapers, and unlimited numbers of information-packed websites. Our lives are filled with unbelievable opportunities for learning, growing, expanding our knowledge base and as a result massively improving our lives on every level.

And yet what is the point of having these opportunities if we cannot fully utilize them? It is like giving the keys to a Ferrari to a 90-year-old grandmother. So much horsepower, such limited capacity to use it.

Did you ever had an idea or plan which you liked to implement but when the time came to start working on it something came up and you got distracted, or just lost steam? Did you ever feel like a victim of circumstances - that there seem to be forces that are stopping you no matter what you do? Are you ready to stop these limiting programs and beliefs for good?



You do not have to go anywhere to realize your hopes, wishes, dreams and desires. You only must become aware of your power - the power of change that is designed right in your biology and your DNA. You have an amazing brain and physical body that is your vessel for change. Change that can propel you into success – that can destruct your limitations – even under hardships such as what we are facing in the world right now - and it can be yours through your journey with Success Life Creation.

Enjoy Harmonic Wealth. Unlock Potentials – EXPAND Possibilities.

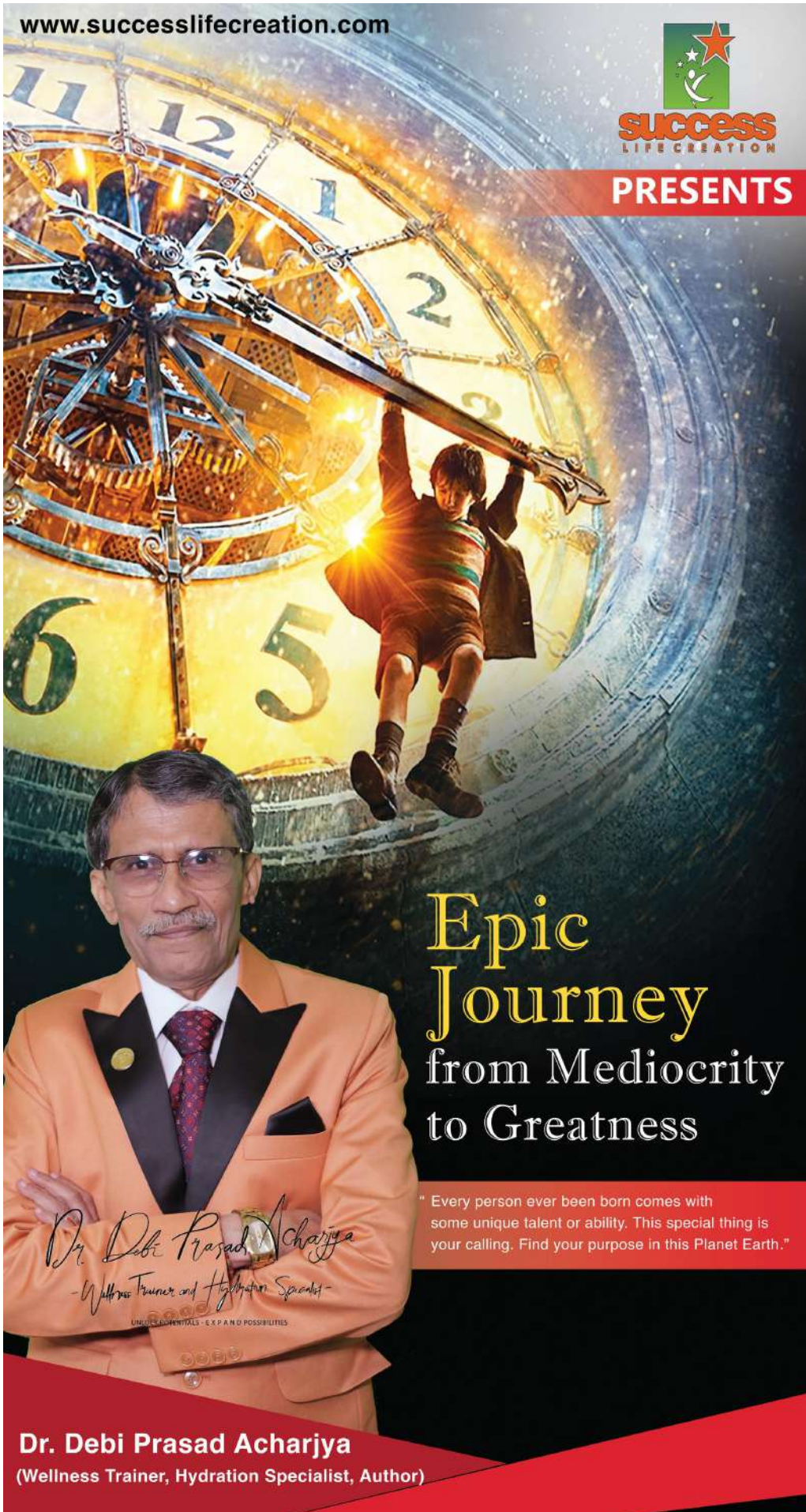
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PRESENTS



Epic Journey from Mediocrity to Greatness

Dr. Debi Prasad Acharjya
- Wellness Trainer and Hydration Specialist -

UNIQUE ESSENTIALS - EXPAND POSSIBILITIES

" Every person ever been born comes with some unique talent or ability. This special thing is your calling. Find your purpose in this Planet Earth."

Dr. Debi Prasad Acharjya
(Wellness Trainer, Hydration Specialist, Author)

The Seminar titled “Epic Journey from Mediocrity to Greatness” will help you to get hold of the map for your life – the map to greatness.

There is something special about you; something which you were born to be and do that not one of the other billions of us are not capable of. There is a life you are meant to live – a journey you are meant to take.

To get the full essence of the Seminar, it is strongly suggested to view the following listed movies, preferably in platforms such as Netflix or Prime Video (with sub-titles), to have a total understanding of the movies.

A very powerful session is included in this event where the concepts are firmly established with cinematic the clips of the above movies in very orderly manner. You will be able to relate to the events if you are familiar with these movies. Do watch them and absorb the Ideas, Philosophies and Metaphors of the live event as they will stay with you for life and can be applied anywhere.

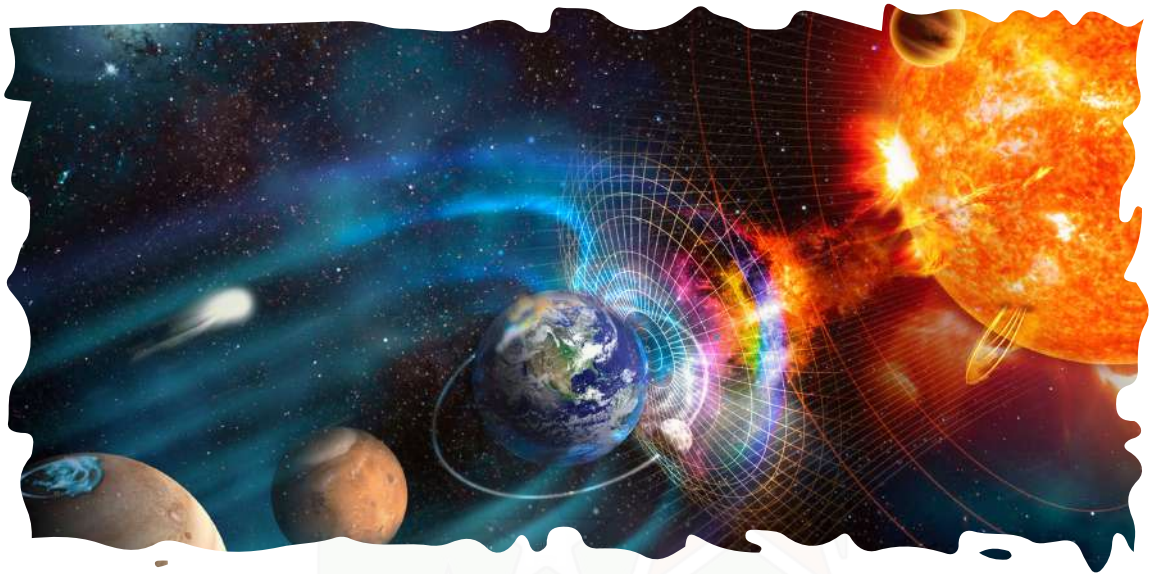


No one is born into a perfect life. If you were, you would not have anything to strive for, and you would not have the urge to create something with your life. You would not have any dreams at all.

Whether you are born in India, US or any other country, the circumstances of your beginnings do not dictate the kind of life you will lead. There is not a single human strength or quality that you are missing to fulfill your dreams. You have everything within you to be or do whatever you want, even if the odds appear to be against you.

An ordinary moment can become the defining moment of your life!! So, let the journey begin. Meet you soon in one of my upcoming events.

Welcome to Planet Earth!



Imagine if there was a map that showed you how to get from where you are now to the most brilliant, rich, fulfilling, and dazzling life you could ever dream of having. Imagine that this map showed you every step of the journey to that life towards realizing your greatest dream; how to find the way over obstacles; how to overcome challenges and defy the odds.

You are holding in your hands such a map. This is the map for your life – the map to greatness.

This booklet is about your purpose - no matter where you are in your life, no matter what age you are. It is never too late to follow your dreams.

There is something special about you; something which you were born to be and do that not one of the other billions of us are not capable of. There is a life you are meant to live – a journey you are meant to take.

With the invaluable wisdom within this booklet, you are about to receive, and armed with your powerful abilities, you will be able to fulfill your dreams and find the true and lasting happiness that every one of us so desperately needs.

The Call to Adventure



The settings of planet Earth are an exquisitely beautiful one - filled with vast oceans, mountains, jungles, breathtaking coastlines, sweeping plains, spectacular animals, and creatures of every kind - and along with the beauty of the natural world is all the joy that is experienced by the human beings who inhabit it.

But life for the human beings is also very challenging. Growth is painful, from childhood to adolescence, adulthood, and eventual old age, and there are the experiences of physical suffering, poverty, grief, and eventual death for everyone.

There is both joy and suffering on planet Earth because this beautiful world is a world of duality - a world of opposites. There is an opposite side to everything. There is light and there is darkness, near and far, up, and down, left, and right, hot, and cold and these opposites are experienced at every level of life.

There are friends and enemies, falling in love and falling out of love, security and uncertainty, wealth and poverty, bliss, and despair, and in every human, there are positive and negative qualities.

You have arrived here to experience the adventure of living in such a beautiful but challenging place. You are however not unequipped to take this journey. You are born with immensely powerful abilities within you that would enable you to realize your dreams and overcome every trial, obstacle or challenge you would encounter. But being born into the limited material world of planet Earth, your mind and consciousness became limited too.

This means you have forgotten your true nature and the powerful abilities within you. You now must re-discover them for yourself.

No one is born into a perfect life. If you were, you would not have anything to strive for, and you would not have the urge to create something with your life. You would not have any dreams at all.

Whether you are born in India, US or any other country, the circumstances of your beginnings do not dictate the kind of life you will lead. There is not a single human strength or quality that you are missing to fulfill your dreams. You have everything within you to be or do whatever you want, even if the odds appear to be against you.

Let the journey begin...

Against all Odds



The tougher the circumstances are in our life and the more the odds are stacked against us, often the more of a catalyst those circumstances will be propelling us to find our dream.

It is not the conditions of the outside world that determine whether your dreams will be fulfilled. It is not how much money you have, how educated you are, who you know, or even how much experience you have. It is the discovery of the abilities you have within you and knowing how to use them to overcome any and every obstacle you meet in the outside world. It is what every successful person did, and you can do it too.

By realizing your dreams, you will realize the greatness in you. Greatness is not being born with a silver spoon in your mouth. Following your dreams and realizing the hero within you is greatness.

Your Calling



Every single person who has ever been born or ever will be born comes with some unique talent or ability. It is this special thing about you that is your calling. Although no human being is born without it, many will live their lives without discovering or living their calling.

Your calling is something that moves you like nothing else in life. It is something you are attracted to, something you are passionate about, and it fills you with joy and sets your heart on fire when you do it.

Your calling might be a burning desire to achieve something in business, sports, your job, or your career. It might even be your hobby. A hobby can be a clue to your calling because it is something you are passionate about and that you make the time to pursue. Plenty of people's hobbies have turned into big dreams that became big companies.

Your calling might be something you have daydreamed about being or doing that you thought could never happen for you. But when you think about that thing and living that life you are filled with an incredible feeling of happiness and fulfillment. And no matter how impossible that dream seems to be, you are being called to follow it.

Purpose of your Existence on this Planet



Whether you can remember it or not, you have received the message from your subconscious, the inner call several times in your life already. You might have received it as a child when you knew absolutely what you wanted to be when you grew up. But then society or well-meaning parents and teachers influence us with the limited options of what we can or cannot do, and we shut down our calling and dreams.

You might have received the call in what seemed like an everyday moment, through something you saw, read, or heard. Suddenly something hit you like a bolt of lightning, and an ordinary moment becomes the defining moment of your life.

No life circumstances are 100% negative. Every negative circumstance also contains its opposite and so there is something good buried within every seemingly bad situation. Life is not about the negative circumstances that happen to you, it is about what you do with the golden opportunities hidden within you.

You are never called to follow a dream unless there are multiple ways for you to fulfill it. It is downright impossible for you to have a dream if you cannot at the very least make the essence of that dream come true. Your dreams are calling you to the best life you can have; they are calling you to find the hero within you.

My Call to Adventure



When you embrace new experiences through flexibility, curiosity, and creativity, you engage your mind and open yourself up to opportunity and possibility. And there is no telling where those will take you.

I often talk about synchronicity - coincidences that open us up to possibilities. When we put ourselves out in the universe, we allow for synchronicity. And when we do that, our wishes can be fulfilled.

Coincidence is not a coincidence; it is Synchronicity. It is allowing self to be in a state where one connects to all the possibilities that one is. There are times we leave ourselves open, but there are deep underlying ego issues that still cloud up the openness.

Recognize that, Divine intelligence pervades every single atom and subatomic particle in this universe. Everything is pervaded with this intelligence. We are constantly playing hide and seek with our Divinity. There is fear, there is excitement and a thrill, all mixed together. This is how we live our lives. We need to experience what Divinity is! What if divinity 'catches' me? No longer can ego be hidden. We are afraid to attain our dreams. What if they really are true? Dreams make us invincible, and they are so big and ever so real. Nevertheless, we retract. We come out of our dream state and experience, and then again, we retract. In the process the various coincidences that come into our lives are lost.

Coincidence means to occur simultaneously, to occur, to cooperate, to be in unison with. Coincidence does not occur randomly. It happens as an incidence. They happen all the time; it is only that miracles elude us. Miracles are considered as great events of great magnitude. It must be a major earthshaking event to draw our attention. Miracles are the very smallest of events that happen day in and day out. We just do not see them and if seen then unfortunately it is always in hindsight. We are too busy living in our physical domain.

If you hear the call and you do not respond to it because you are too scared or you do not believe you can achieve it, sometimes circumstances will push you to follow your dream, as happened with me.

Many years ago, when I was a much younger person, I was working in a Nationalized Bank in management position. It was a great and prestigious assignment with quite handsome remuneration. Also, with it came a lot of stress and competitiveness and my boss was not happy with me as I was associated with some intellectual wellness distribution on a part time basis. It however helped me to see the world and meet new people with their everyday challenges. This was a source of great happiness and joy to me as I was able to interact with a greater cross section of people within the domain of work and outside. Additionally, this venture helped me to overcome my financial crunch which was like a hidden lesion making me mentally and emotionally upset besides having perennial physical ailments. One day, my boss asked me about something for which I did not have an answer. He got upset with me and said that after working for 32 long years, I should have got it in my head. Eventually, I was placed on a transfer to a remote place leaving me completely stunned. I realized that my job, despite the prestige and stability it had, was not worth it.

So, I quit job at the peak of my career and continued with this wellness distribution. I was very lucky to be mentored by one of the greats in this industry and got myself associated with numerous eminent personalities in India and abroad. I started seeing real life and tragedies, joys of everyday existence, learned meaning of compassion, empathy, love, and kindness which had a lot to do with healing. This ultimately helped me to extend my interest from just marketing wellness products and helping people overcome deficiencies to the larger context of life. I seriously took upon myself learning alternative therapies of healing including the Emotional Freedom Technique, Chakra Healing, read books which empowered me, attended series of seminars and workshops and till date have been doing just that. Instead of looking at human beings as a physical machine, where the mechanisms are fixed with sophisticated techniques on account of the evolutions and advancements in the field of medicine, I began to understand the larger context of healing.

Obstacles often help us discover a truer passion and a more expansive vision. Seemingly "bad" outcomes are frequently the best possible catalysts for growth and positive experiences.

Some get the call at a relatively earlier age, but I remain grateful to this day for that transfer order in my erstwhile organization, as it propelled me to follow my dream at a relatively ripe age. It was the perfect opportunity to answer my calling without which I would have missed out living the most exciting and fulfilling journey of my life.

Refusal of the Call



“The risk that you take in not pursuing your dream is terminal. It is the end. It is a life without fulfillment; it is a life without accomplishment; it is a life without contentment, and it is a life without joy. It is misery.” ~ Laird Hamilton

Responding to your calling and deciding to follow your dreams is the easy way. Refusing the call is the hard way because you risk being miserable and dooming yourself to a life without joy, a life without passion, and a life without meaning or purpose.

“When you don’t follow your dream or passion, then what you work for will seem like a cage, albeit a golden one. Body without soul! It will result in being frustrated, listless and completely devoid of a purpose for existence.” ~ G. M. Rao

Life is not a Dress Rehearsal



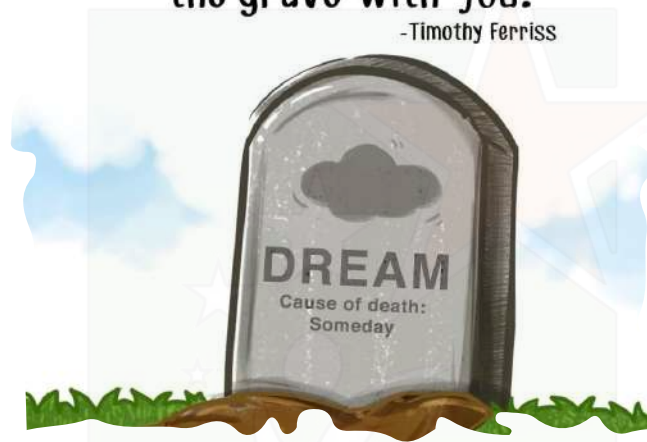
You might think, “I have got time to follow my dreams.” You do not have time. Life is short. The current life expectancy is 24,869 days which translates to about 68 years. While some of us will live more days and some fewer, either way you have only a precious number of days to live this life, and so you do not have time to put off your dreams. It is now or never. If you do not do it now, you will keep putting it off, and you will never do it. The time is now.

“Life is short; it’s not a dress rehearsal. It’s about grabbing it by the scruff of the neck and experiencing as many things and meetings as many people possible. It’s definitely not about sitting on the sofa and watching TV and moaning about what might have been.” ~ Michael Acton Smith

“Someday” is a Disease

“Someday”
is a disease that will
take your dreams to
the grave with you.

- Timothy Ferriss



**“Someday’ is a disease that will take your dreams to the grave with you...
“~ Timothy Ferris (Author of” The 4-Hour Workweek”)**

Simply realizing that no one else is going to make your dreams come true is a big step. Your boss, friends, partner, family, and children cannot live your life for you. You are responsible for creating a life that makes you happy and fulfilled. No one else can do that for you.

“The fear of failure stops people from doing a lot of things. My mom used to have a saying, that we’re each our greatest inhibitors – that we stop ourselves.” ~ Laird Hamilton.

People will try to tell you that all the great opportunities have been snapped up. The world changes every second, blowing new opportunities in all directions, including yours.

The Illusion of Security



Let money and security not dictate your choices in life. Life continually changes; companies change hands, go bankrupt or relocate overseas, jobs are lost, or economic collapse brings about massive cutbacks. You can lose your job, your savings, and your house. Marriages can end, health challenges can appear, and circumstances can arise that throw the security you thought you had, out of the door.

Being trapped in security can happen to anyone; there are many people making a lot of money whose work is a grind to them, and they are as unfulfilled and unhappy as those making a lot less money.

Material things are wonderful and experiencing them is one of the greatest pleasures of living on earth. But through the conditioning of society, we can be misled into thinking that the accrument of material things is the purpose of life.

Do not get to the end of your life and regret all the things you did not do. Your life is precious. If you sell yourself out you will not find the happiness you desperately seek, because true happiness comes from fulfilling your dreams.

Do not wait until you get to the point where you cannot take it anymore before you make a change. Change your life now! Even if you think the tentacles of security have already wrapped themselves around you and you cannot move because of your obligations, it is never too late – there are unlimited ways to follow your dreams. And it is much easier than you think.

Finding Your Dream



Try and let go of the opinions, beliefs, and conclusions you have about yourself, because they are the very things that have prevented you from seeing your dream. Do not compare yourself with anyone else, because you have potential inside you that no one else on the planet has. Let go of all the limiting thoughts of what you think is possible for you and open your mind to all possibilities.

If you let go of all the baggage you have accumulated in your life and wake up in the morning as though brand new, with a clean slate, every possibility would be free to pour into your life.

What would you do if you could do anything? What would you do if money was not a consideration at all? What would you do if success were guaranteed? When you ask any question about your purpose, the Universe will transmit the answer to you. The answer does not come from the conscious mind; otherwise, you would already have known it. The answer comes from the Universal Mind.

Follow Your Bliss



Joseph Campbell was one of the world's most well-respected mythologists, and through his teachings he gave us a simple yet profound message for our life: "Follow Your Bliss."

These three words are the compass for your life; they tell you what direction to point toward in every moment. Bliss is how you feel when you do something you absolutely love to do, and it is a thread that is connected to your dreams.

If you have a full-time job, you probably spend around 250 days of the year at work which is over two-thirds of the year. So, if you are not doing what sets your heart on fire and fills you with passion and excitement, you are wasting a lot of precious days of your life.

"Take a job that you love. I think you are out of your mind if you keep taking jobs that you don't like because you think it will look good on your resume. Isn't that a little like saving up sex for your old age?" ~ Warren Buffett

Vision



“Success is achieved twice. Once in the mind and the second time in the real world” ~ Azim Premji

Once you master the visualizing about the outcome of your dream in your mind, where you feel as though it has already happened, you can use the same technique for any smaller steps or goals you want to achieve on your journey. Even if you only ever visualize the result of what you want, your vision ensures that you will get there, somehow, some way.

You can use visualization for any situation you want to go well. You can visualize the outcome of exams, auditions, interviews, meetings, taking a trip or your boss giving you the biggest raise in the history of your Company. Just watch what happens with your life!

“You’ve got to visualize where you’re headed and be very clear about it. Take a Polaroid picture of where you’re going to be in a few years.” ~ Sara Blakely

Something Good is Just About to Happen



“Two people are living side by side and one person wakes up in the morning and throws open the windows and says: “Good Morning, God!” And then the person next door, the pessimist, says: “Good God. It’s morning.” ~ Peter Burwash

Just ask yourself whether you think blaming and complaining can transform a person’s life into success and happiness. Do you think whining and criticizing can fulfill a person’s dreams and give them everlasting happiness?

Do you ever see Superman whining? Do you ever see Indiana Jones complaining? Do you see James Bond blaming others for his lot in life? You will never see movie superheroes display any of these traits, because moviemakers know that the superhero would immediately be diminished in your eyes and would no longer be a hero. And the audience would instinctively feel something was wrong; how can a negative person become a hero? And the answer is, they cannot.

Blame, resentment, whining and complaining are excuses we make when we are not living the life we came here to live.

Fear is an Ever-present Emotion in us. It is a part of what made us Evolve



“There is a great book called “Feel the Fear and Do it Anyway.” I read the title, and that’s all that I read. I didn’t need to read the rest of the book, I got it. And that’s really the best advice.” ~ Mastin Kipp

In fantasy movies you see the hero face dragons or monsters that he or she must slay to accomplish their quest. In movies, the hero’s quest represents our life and what we must go through to fulfill our dreams. The monsters are the doubts and fears of our own mind, and just like in movies we must overcome them and not let them prevent us from fulfilling our dream.

Whether you dream big or even it is just a small dream, it is still outside your comfort zone and stepping outside your comfort zone equates to fear. But fear is perhaps one of the most misunderstood entities in human development. From a biological perspective, fear is designed to keep us safe; fear is self-preservation.

Intuition



“Have the courage to follow your heart and intuition. They somehow already know what you truly want to become.” ~ Steve Jobs

Intuition is a flash of knowledge that comes with a very strong and compelling feeling when we receive it. The feeling urges us to go a particular way with something happening in our lives or sometimes to not go a particular way. While the feeling is always immediate and strong, people often second-guess the incredible communication they have received and allow their conscious mind to talk to themselves out of listening to it.

While science has not yet discovered what our intuition is or where it comes from, in ancient teachings it is revealed that intuition is knowledge that comes from a higher level of consciousness called the Universal Mind. The knowledge is transmitted through vibrations to our subconscious mind. The vibrations are then transmitted to the brain and to the endocrine glands in our body, which interpret the knowledge in a way that we will understand. This explains why when we get an intuitive impulse; it comes as an impression or a feeling in our stomach or around our heart.

Put simply, your intuition is communication from the Universe. Do not second-guess the communication when you receive it. No matter what evidence there is to the contrary, trust in your intuition, because the Universe knows the way.

“Intuition is the primary tool you need to make your dream a reality. Without trusting your intuition, you are going to fall flat over and over again.” ~ Mastin Kipp

The Golden Rule



“It’s nice to be important, but it’s important to be nice.” ~ Roger Federer

You can never find true happiness if you treat other people badly. We are all connected; we are part of the one family, and the Universe is all for us. If we harm another person in effect, we are doing it to the Universe. It is a big mistake.

If you gave a person a gift and they were rude, did not say thank you, and you were unappreciative of your gesture, you will not buy another gift for that person. Right? Well, likewise we will not be bestowed with life’s good fortune, “lucky breaks,” and great opportunities if we were rude, ungrateful, or mean to other human beings. If you treat people kindly, no matter what the circumstances, the Universe will return the kindness to you. It is simply the way life works for every one of us.

“Newton’s third law (of motion) or karma – however each of us chooses to name it – is something I’ve been aware of for years. I call it cause and effect: The energy that you put into the world comes back. In other words, the fruit is in the seed. You can’t sow an apple seed and expect to get an avocado tree. The consequences of your life are sown in what you do and how you behave.” ~ Tom Shadyac (Film Director)

Commitment – “The Time is Now”



“If you make a full commitment to your dream, doors will open. I actually think that doors have always been there, but when you fully commit you see them.” ~ Mastin Keep

There is something about deciding that whatever you have now is enough to do whatever it is you need to do. If you always think you are missing one more thing, if you think, “I have to have this in order to, in order to...” you are waiting for the right time. There is no right time.

The right time is never in the future. It is now. And your full commitment is the cue that opens the doors to your dream. It will never happen the other way around. Until you make a commitment, you will only see walls.

Suddenly you are presented with guides which the Universe provides. It is just like the great saying, “when the student is ready, the teacher appears.”

Commitment and the Universe



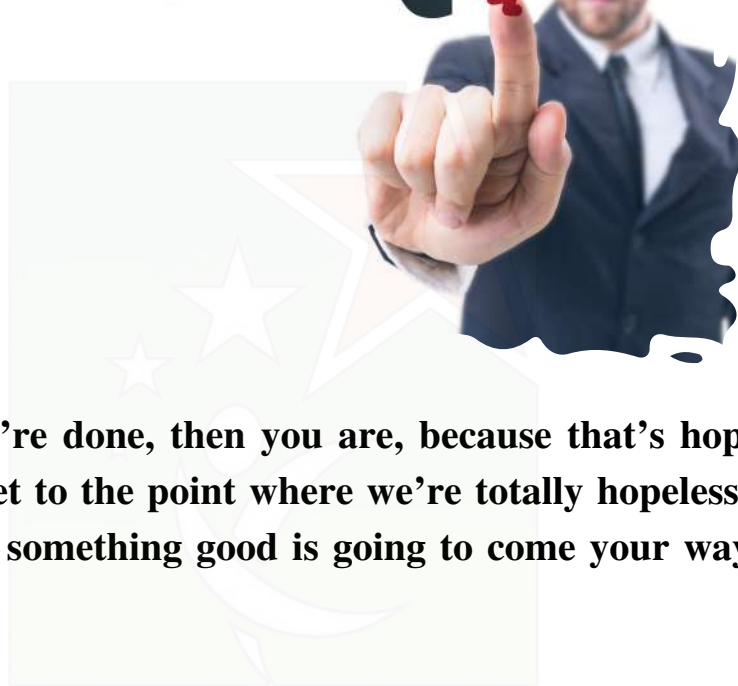
When we see somebody follow their dream, we can get the mistaken idea that they must have had privileges to be able to do it. In fact, it happens the other way around; it is when you decide to take the leap into Journey that the privileges come. When you commit to your dream, the Universe will summon the perfect person or bring forth the perfect circumstance right in front of you at the exact time you need it.

If you have a dream, do not plan B or else you are going to end up with plan B. You need to be all in on plan A with all your love, all your faith, all your energy and all your determination.

You can give yourself a reassuring safety net in your mind by knowing that no matter what happens, you will be all right. But if you seriously create a plan B you risk that being the plan that your subconscious mind materializes. Give all your attention and focus to plan A, and that will be what materializes.

Never, Never, Never Give Up

DON'T QUIT



“If you feel that you’re done, then you are, because that’s hopeless. We don’t want to ever get to the point where we’re totally hopeless. There is always hope. To me, something good is going to come your way.” ~ Pete Carroll

We live in a world of duality and so there are going to be both ups and downs. You must have experienced those days when for whatever reason you felt down. Everything felt like an effort, as though you are wading through mud with every step. On those days you probably did not feel like you had very much or any determination.

You must also have experienced those days when you felt incredibly happy and energized, on the top of the world and that you could achieve anything. With that joyful and blissful feeling, the highest and most powerful human emotions, you felt invincible.

Seek your joy – follow your bliss – and you will find all the determination you need to achieve your dream.

The Labyrinth



The journey itself will never be as you think. You have an idea of destination, but you never know the route.

The process of living your dreams is all about the adventure – to see what is next. No one you look up to, no person who inspires you, had started a journey with a certain outcome. They may have had an idea, intention, or end goal but they had no idea how they were going to get there.

The path to your dreams is like being in a labyrinth. All you can see is the next few feet ahead of you. You cannot see what is around the next turn until you go around it, and then you see the next few feet after that. Sometimes there are dead ends, and you must turn back, and sometimes there are shortcuts that you stumble upon as if magic and which accelerate your passage. The path to your dreams unfolds in the same way.

One Step at a Time



Along your journey remind yourself that one step at a time is all you need to take. One step at a time is all you can ever take. And no matter where you find yourself or in what situation, you can always take one step.

Once you have achieved your dream and you are looking back on the journey you took, you will realize that every wall forced you to take an alternate path, which led you not only to your dream, but often a far better version of your dream that you ever thought was possible. In fact, there are no walls; there is only the appearance of walls. There are no dead ends; there is only the appearance of dead ends. Both are only detours for the purpose of redirecting you to that greater version of your dream.

“As an entrepreneur, there’s a term called pivoting, and pivoting basically means if it doesn’t work, I’m going to pivot – implement what I learned and come up with something new. And that’s really what the Hero’s Journey is all about. See what works, change what doesn’t, try again, and ultimately, you’ll get there.” ~ Mastin Kipp

Naysayers



“So many times, I have been told that it can’t be done. Again and again, I’ve had to use every ounce of perseverance to make it happen.” ~ Howard Schutlz (Chairman and CEO of Starbucks)

Naysayers can also serve to redirect you on to another, better path. You might have fixed in your mind the way you think your dream will happen, and as you follow that way, you meet with naysayers who are decision-makers, and they stop your dream in its tracks. Without being able to go any further you are forced to look for another way, and you find another way to achieve your dream that is far superior to the path you were on – thanks to the naysayers. Bless them!

Ignore the Trivial Many



“Keep away from people who try to belittle your ambitions. Small people always do that, but the really great make you feel that you, too, can become great.” ~ Mark Twain

A valuable piece of advice you might want to consider for your journey is to instill belief and conviction in yourself before you tell other people about your dream. If you start telling people about your dream too soon, you may be disheartened by their responses and give up before you have really begun.

You got a great idea to do something that was not within your usual expertise, you shared it with others, they filled you with doubt, and your idea and dream were shut down before you could even get them off the ground. Then, as fate would have it, sometime later you discover that the great idea you once had – has materialized in the world through someone else – and it has become a great success.

Sounds familiar?

Allies



“All successful people have achieved by standing on the shoulders of others, and it’s important, no matter how successful you are, that you remember and realize who has helped you along in this journey.” ~ Layne Beachley

While you will almost certainly encounter naysayers on your journey, you are also destined to meet many, many allies, angels already in your life or who appear, even if only briefly, to support you and help you on your journey.

No one achieves a dream on his or her own. There are untold numbers of people who will support you and go out of their way to help you on the path to your dream. Of all the experiences we have on the journey, the surprises of people you know and those you barely know who support and help you along the way, are perhaps the most wonderful.

The Road of Trials and Miracles



“Every day has hurdles. There’s nobody who wakes up in the morning without something wrong physically, mentally, emotionally, or spiritually. Accept the fact that you’re going to have hurdles. Everybody has them. People say, “Why me?” Why not you? ~ Peter Burwash

“The path to your goal is not always going to be smooth. Obstacles will arise and problems will develop, but you must remember what you’re striving for... don’t forget the big picture and don’t let small mishaps or small failures stop you.” ~ Derek Jeter (American Baseball Champion)

Challenges and Obstacles



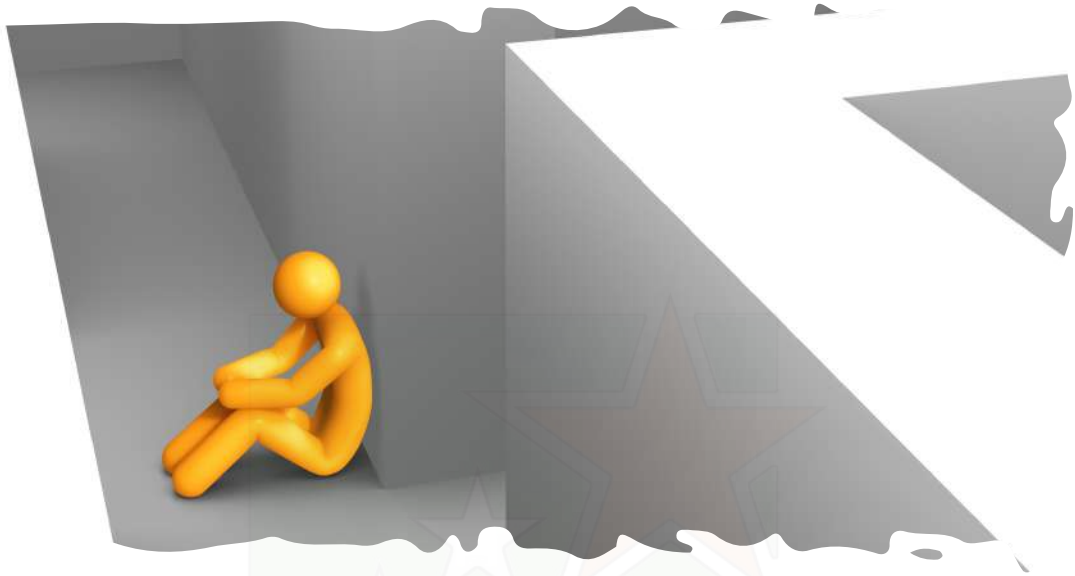
“The course of my journey in business has been like the flow of a river, where each obstacle made me change course, eventually to reach my destination. All my life has been full of challenges. Each challenge was a meaningful coincidence and opened a door to a bigger opportunity.” ~ G.M. Rao

Every obstacle or challenge you encounter on the Hero’s Journey transforms you as strength of character is acquired and the qualities and abilities you need to overcome the obstacle or challenge. In fact, the bigger the obstacles and challenges you face, the bigger your success will be, and the closer you are to achieving it.

The number-one thing people gain from challenges is not the stuff they get, but who they become. You then have greater faith in yourself, and your abilities and you have greater trust of the divine, and you can do something even bigger.

Once you go through a series of heartaches, challenges, upside-downs, capsizing or whatever, you always come out the better because of the tremendous self-confidence gained.

Failures and Mistakes



“Mistakes are really a learning opportunity, and the only mistake is not learning the lesson the first time. And the great thing about the Universe is it’ll keep providing you with the same lesson until you learn it.” ~ Layne Beachley

When you take responsibility for the failures and mistakes, without blaming anyone else, and you look for the lessons hidden within them, they become powerful tools for your advancement on the Hero’s Journey. Mistakes and failures are inevitable; whether you extract the magic they contain is up to you!

“We make mistakes. It wouldn’t be any fun if we didn’t make mistakes. If I went out and played golf and every one of the eighteen holes, I hit a hole in one, I wouldn’t be playing golf for a long time; I mean, you have to go into the rough occasionally to make the game interesting. Not too often though.” ~ Warren Buffett

The Supreme Ordeal



“It is better to risk starving to death than surrender. If you give up on your dreams, what’s left?” ~ Jim Carrey – Actor

On the Hero’s Journey there is a final challenge you will face before the reward of success, and the size of that final challenge is determined by the size of your dream. This final challenge has been called the Supreme Ordeal. It can appear like the death of your dream, but when you arise out of it, your dream is born.

You must have seen the Supreme Ordeal in movies, where the hero has overcome every obstacle on his quest, and just when he is about to rescue the princess or seize the Holy Grail, there is one final challenge he must overcome to seize the ultimate prize.

“The Chinese have a saying: ‘Crisis is Opportunity.’ It’s a truism that every failure contains the seeds of a new opportunity.” ~ Paul Orfalea

The Reward



The ultimate reward of the success of your dream does not mark the end of the journey, but the beginning of another. Suddenly financial rewards and countless opportunities to expand or build your dream will flood into your life. The money, opportunities and success bring with them a glorious sense of freedom. However, they do not compare with the overwhelming joy and satisfaction that you did it – out of nothing, you made something.

You must have seen the delirious happiness of sports teams winning championships, and of athletes winning gold medals and breaking world records. Their energy is so potent it sweeps over you; you are filled with exhilaration and even stirred to tears. Yet our feelings are nothing compared to what the sports person or athlete is feeling in their moment of victory. For it is only after having taken every step of the journey, having persisted through the challenges, and overcoming all the obstacles, that you can know what it truly feels like to experience the ultimate reward of the moment of success.

The Joy of the Journey



There is no better feeling in the world than to have found your dream and be living it. To work for the sheer joy of it, to wake up and be really excited on any day of the week, to love what you do so much that the idea of a long vacation seems boring – that is living!

Experiencing the rewards from realizing a dream is glorious and every person who fulfills their dream deserves each one of those rewards. Most likely you will also be filled with excitement and enthusiasm to continue to build on your success and take your dream even further, now knowing that you have the qualities and abilities within you to achieve anything you can think of.

But this is not the end of your story. This is not the end of this journey. There is one more vital step that must be taken to complete this journey. That final step causes the transformation – of a human being into a hero.

Fulfilled Life



“When we quit thinking primarily about ourselves and our own self-preservation, we undergo a truly heroic transformation of consciousness.”

~ Joseph Campbell

Something colossal happens to you on your Hero's Journey. You undergo a transformation and is driven one more step on the journey. It is the final step. In taking this final step you become a true hero and your journey is then complete.

There are two places where a hero gets struck. The first is when the call to adventure comes and every hero goes through the phase of the refusal of the call. That is well known. What is not as well known is the refusal of the return, when the hero has claimed their prize and they are in such bliss and joy that they do not want to leave.

But the journey is not complete until you take the elixir of life and bring it back to your homeland and share it with others. The Hero's journey is not that of a selfish one; a hero is someone who has made their life about something more than just themselves.

“Our body has limits on it as to what we can do to satisfy it. There's a limited amount that we can eat at one time. There's a limit to what we can drink. However, the ability to serve others is unlimited. People who are the happiest in the world are those who are doing things for others.” ~

Peter Burwash

Journey Completed



“If something you do helps just one person, you’ve done something wonderful.” ~ Blake Mycoskie

When you give back in whatever way you can, no matter how big or small, the happiness you feel in knowing you have helped another human being will never leave you. In fact, the joy and happiness you feel is so great that it can make you wonder whether the reason you were called to follow your dream was so that you would reach this final step on the Hero’s Journey, where a vision greater than yourself would take over you.

No matter where you are on your Journey, or even if you have not yet embarked upon it, you can give now. There is an important guideline that you should follow that will help you know when to help and when not to. Do not do anything that a person can easily do for himself or herself as this will lead to disempowerment. There is a fine line between helping and disempowering somebody. Inspire them, encourage them, help them instill belief in them and provide them with opportunities so that they can pull themselves out of their current situation. When you do this, you empower them. There is nothing greater than that any one of us can do than to empower another human being with what they need to fulfill their own life.

The Hero in You



After taking the final step on the Hero's Journey, you become a whole human being – a true hero. Your mind and consciousness that was limited when you undertook the journey on planet Earth have undergone a transformation. You now clearly see that life works in precise and understandable ways.

Through your compassion for other people, your mind becomes united with the Universe. As your compassion deepens, all the confusion, suffering and fear begin to disappear. In their place comes intelligence and knowing that is far beyond the knowledge acquired from reading books and getting degrees.

You remember all that you are and see we all as one family on earth; you are filled with complete peace and an absolute joy for life. This is your story, and this is your destiny. With every step you take, with everything you seek to accomplish in your life, with every dream you want to fulfill, you are seeking eternal happiness. And you will continue to seek that eternal happiness, up every hill and down every dale, until eventually, at the end of the Journey you will discover that the eternal happiness you have been looking for is in the discovery of who you really are.

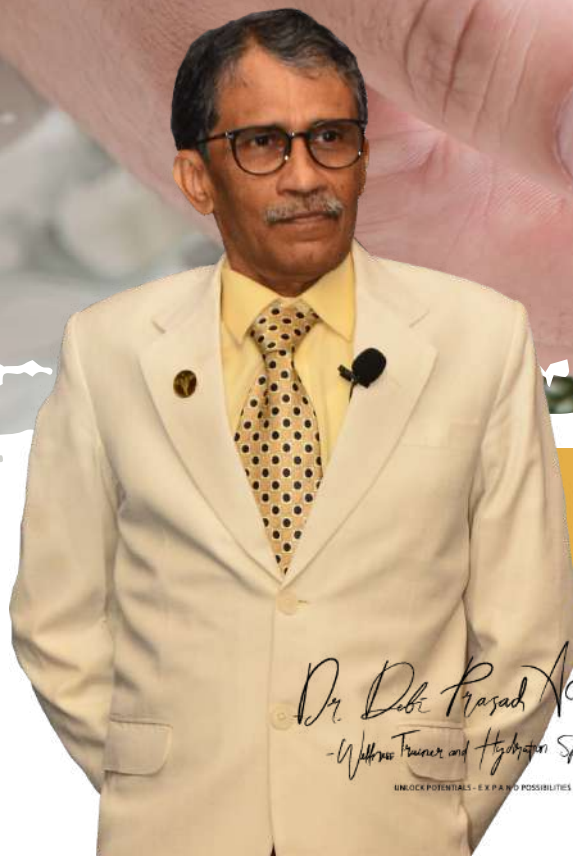
This is the completion of the Hero's Journey for every one of us here on planet Earth. Only you can discover the truth about who you really are. Until that time, every day of your life, throughout the eons, the hero within you will continue to call.

Thanks for being a part of the Journey...






“Every person ever born comes with some unique talent or ability. This special thing is your calling.”

Find your purpose in this Planet Earth.



Dr. Debi Prasad Acharjya
(Wellness Trainer, Hydration Specialist & Author)

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